

“Sweet As”

Honey Mustard Dressing

Totals per ¼ cup serving:

Calories 10 Fat 0 Fiber 0 Carbs 7

What you'll need:

¼ Cup Smuckers sugar free pancake syrup

¼ Cup yellow mustard (the zero calorie kind)

Let's get to cooking!

1. Pour syrup in a small bowl
2. Stir in mustard beginning with 1/8 cup and then add the rest to taste.

Another **Kitty's Lighter Weigh** recipe!